



SPRING 2016 CATCHING CLINICS

IT'S TIME TO GEAR UP AND CATCH THE ACTION!

Golden Spikes is offering elite catcher's training this Spring. Our staff is home to some of Northern California's most skilled coaches with a working knowledge of what it takes to bring your athlete's ability to the next level of play.

MONDAY NIGHT CLINICS: 6:30PM – 7:30PM
\$135 PER MONTH with a maximum of 8 STUDENTS PER CLASS.

AGILITY & STRENGTH

SPEED & TIMING

STRONGER THROWS

AGGRESSIVE BLOCKING

BALANCED FOOTWORK

SMOOTH TRANSFER



MARCH

7th, 14th,
21st, 28th

APRIL

4th, 11th,
18th, 25th

MAY

2nd, 9th,
16th, 23rd

**SIGN UP TODAY.
SPACE IS LIMITED!**

For more information or sign-ups:
bret@goldenspikesbaseball.net
or call 916.847.1863

**GOLDEN
SPIKES**
BASEBALL

3344 SWETZER COURT • LOOMIS, CA 95650